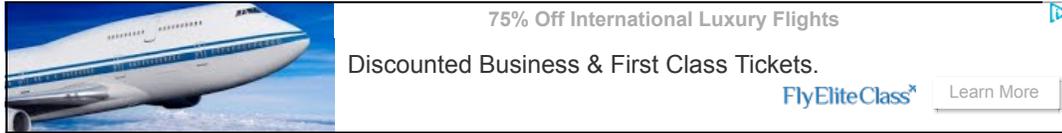


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#TreatYoSelf at Plaza Athénée's Spa Salon

Written by [Lorna Solano](#) on July 2, 2014



I am (sadly) not a member of the [one perfect](#) or a [member of the ladies who lunch group](#). Still blogging, sometimes, affords me the opportunity to engage in some of the luxuries of the wealthy. Case in point: I was recently invited to a day of pampering at **Hôtel Plaza Athénée's Spa Salon** which is the only **V35 Certified Valmont Spa** in the United States. The experience from beginning to end was incredible. It felt as if I was getting the star treatment (and I've gotten a lot spa treatments in my life). In fact, it even felt it gratuitous—okay not really. There's no such thing as too much pampering.

The Spa Plaza Athenee, unlike similar salons, is very private and catered to the famous and features individual rooms for treatment. After checking in guests are escorted to a private space—a converted hotel room—that includes a private shower, closets, lounge chair, dim lights, and a lovely welcome

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“package” that includes an assortment of fruit and cheese. Depending on the treatment, guests are then treated to a relaxing warm foot bath which is followed by the signature treatment. In my case, the specialist took a look at my skin and asked me questions to help address my concerns. She then created a signature treatment for my facial using only Valmont products. The hotel is the only luxury hotel spa in New York to have the honor of carrying the entire line from the Swiss brand known for their cutting edge research and technology. The treatment left my skin glowing. My skin also looked healthier and after a few days my skin texture looked so much better. And while that’s lovely, the feeling of serenity and full on pampering was just what I needed. Once I was done ready to take on the world– if only for a moment.

Service includes anything from massages to makeup applications and everything in between.

Spa Valmont for the Plaza Athénée

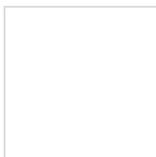
Monday to Friday, from 9am to 8pm,

Saturday and Sunday, from 9am to 6pm.

For reservations, call (212) 734-9100 EXT 4675

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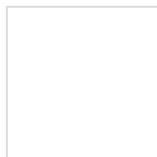
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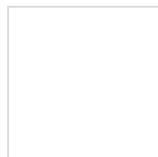
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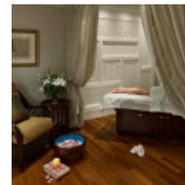
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Written by Lorna Solano on July 3, 2014

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Beauty

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